



OCTOBER 18, 2023

Editors' notes A new view of all objects in the universe by Australian National University

The most comprehensive view of the history of the universe ever created has been produced by researchers at The Australian National University (ANU). The study also offers new ideas about how our universe may have started.

Lead author Honorary Associate Professor Charley Lineweaver from ANU said he set out wanting to understand where all the objects in the universe came from.

"When the universe began 13.8 billion years ago in a hot big bang, there were no objects like protons, atoms, people planets, stars or galaxies. Now the universe is full of such objects," he said

"The relatively simple answer to where they came from is that, as the universe cooled, all of these objects condensed out of a hot background."

To show this process in the simplest -80 possible way, the researchers made two plots. The first shows temperature and density of the universe as it expanded and cooled. The second plots the mass and size of all objects in the universe.

The result is the most comprehensive chart ever created of all the objects in the universe. The study is published in the latest issue of the American Journal of Physics.

Co-author and former ANU research student Vihan Patel said the project raised some important questions.

"Parts of this plot are 'forbidden'—where objects cannot be denser than black holes, or are so small, quantum mechanics blurs the very nature of what it really means to be a singular object." Patel said.

The researchers say the boundaries of the plots and what lies beyond them are also a major mystery.

"At the smaller end, the place where quantum mechanics and general relativity meet is the smallest possible object—an instanton. This plot suggests the universe may have started as an instanton, which has a specific size and mass, rather than a singularity, which is a hypothetical point of infinite density and temperature," Patel said.

"On the larger end, the plot suggests that if there were nothing—a complete vacuum—beyond the observable universe, our universe would be a large, low density black hole. This is a little scary, but we have good reason to believe that's not the case."

More information: Charles H. Lineweaver et al, All objects and some questions, American Journal of Physics

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https://phys.org/news/2023-10-view-universe.html



SHIN

The Eternal Flame

the flame
[Divine Revelation]
is bound to the coal
[Divine Essence]
the coal symbolizes
changeless essence

these two most graceful letters of soul and body spell fire.

ALEF = the most subtle grace "angular symmetry"

SHIN = the most "linearly" symmetric











this orange candle is the kind of hanukah lights I remember as a little boy in 1948 to 1960 and beyond -- the essence of the holiday for me, the essence of fire... and light... why? How?



SHIN The Eternal Flame

the flame [Divine Revelation] is bound to the coal [Divine Essence] the coal symbolizes changeless essence

THE FLAME

OFA CANDLE

Gaston Bachelard





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שָׁלוֹם







God engraved — rather than etched — the letters on the Iwo Tablets because the wanted them to be read from both sides. Thus they would allude to two dimensions of the Torah — the revealed and the concealed one (R' Bachya, Exodus 32:16).

[209]







17.34 ² = 300.6756

shin = 300.



FIRE, TOOTH, CONSUME FLAME, MOLAR....

from MUNK

SHIN: symbol of divind power and script, also corruption.

The Name Shadai: "It is I who said to My world [during Creation, nough".] Toai, = enough, (dayenu), with Dai, the Unlimited One fixed the measure of all objects, established the boundaries of all forces, and set the moral limits within which people are to live. Had God not called out Toai, to the heaven and the earth, they would have continued expanding and developing as if they were the product of blind physical orces. Through the establishment of fixed laws to protect the integrity of creation, as He intended it to be, God reveaed himself in the attribute of Tobalai, the Omnipent Mster of the Universe.

Munk. p. 207

Shin also stands for the Name Shalom, DIT (wrong MEM) peace and perfection. As the essence of all harmony and perfection, Hashem is called Oseh Shalom, Maker of Peace. For man to thrive, he moust copy the attributes of his Maker. Especially with regard to shalom, since it is sential for man surival to harmonize the diverse elements of the world. {Israelis vs Palestinians??? Sustainable vs. fossil fuels?} This lesson in the very form of the SHIN, its 3 heads symbolize 2 heads standing in the extreme sides of a controversy, and the Divine mediator in the middle.

The prayerful Shin -- depicting natural phenomena surging heavenward, beseeching God for help and sustenance, such as tree branches stretching to the sky, bonfire with high shooting flames, bedof flowers growing upward ... the Shin is a silhouette of Moses, 2 hnds spread upward, head in the middle. Munk, p. 208



God engraved — rather than etched — the letters on the Two Tablets because He wanted them to be read from both sides. Thus they would allude to two dimensions of the Torah — the revealed and the concealed one (R' Bachya, Exodus 32:16).

[209]

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with the idea of en combined ree branches of

e Messianic era.

און, body, upon

oly One, Blessed

haral), who has father, and his

□ קשת – the Rainbow

The rain refracts light into the three primary colors, red, yellow, blue, which blend in different degrees to form all the colors of the rainbow. Arching from earth to heaven and back down to earth, the rainbow is a symbol of the bond God made between the celestial and the terrestrial beings after the Deluge (Magen David). The rainbow is a reminder of the covenant for all generations that God will never again decree the downfall of the whole human race, but will guide mankind to its ultimate goal (Genesis 9:12-17). The symbol v for עלום, peace, is demonstrated by the fact that the rainbow appears to man like an inverted bow, not one aimed from heaven against earth, but one pointing heavenward from earth (Ramban). The manifold colors of the rainbow represent the manifold variety of living creatures which God united in one common bond of peace; they are the refracted "rays" of the One spirit of God (R' Hirsch).



When we see the rainbow in the sky we feel assured that God remembers His covenant with us, and a blessing is recited thanking God for fulfilling His pledge to Noah (Berachos 59b).

S Two Kinds of ♥, Two Kinds of Script

In ordinary script, a letter consists of the ink or other substance from which it is made. Similarly, in raised type or embossing בְּתִּיבֶּה בַּוּלֶטָתוֹ, the letter itself is plainly visible and, because it is raised, it can even be felt. The writing of Torah scrolls is a case in point, because the ink is heavy and remains higher than the parchment after it dries. However, engraved script [מַתִּיבֶּה שִׁרְעָהַוֹ is just the opposite. The stone or other substance around the engraved letter is cut away; consequently, the letter is legible only because the outline remains in place. Since the letters of the Ten Commandments were carved into the Tablets, they were outlined by stone, but were not themselves tangible. In this engraved script, the three-headed w is formed by four frames, one on each side and two in the middle. For this reason the w of the Tablets is called ש of the Tablets is called ש of the Tablets is called ש of the Tablets is called א w of the Tablets is called א w of the Tablets is called א w of the Tablets is called ש of the Tablets is called א w of the Ta

The Divine four-headed **v**, which comes into existence only because it is framed by exterior walls, alludes to the ways of HASHEM which are concealed, incapable of perception by the limited human mind. But God's ways do exist. They are hidden within the so-called natural functions of the universe. Though we cannot see nor understand God Himself, we can gain an inkling of Him by observing His guidance of man and his world.

In the Song of Songs (2:9), King Solomon allegorizes the revealed way as if God were looking through a window, through which He can be seen, as well. The concealed Providence is likened to God peering through latticework, through which He can see but not be seen (R' Saadiah Gaon).

Homiletically, the inner spaces of the letters in the Tablets symbolize the



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עולם האותיות

this is Munk, p. 209

synagogue as assembly hall?? meeting of peace? UN! United Nations, pas perdus? labyrinth? **FIRE and ICE**

together melt and heat warm to find a central mean, the human comfort zone... 68 -72 F, 30 to 70% humditity

from MUNK

SHIN: symbol of divine power and script, also corruption.

Sheker, falsehood

Although in the AlefBet the Shin comes after 7 QOF and 7 RESH, nevertheless it appears at the head of Sheker, Falsehood, because even the most heinous lie attempts to clothe itself with a semblance of truth, even divinity in order to give iteslef credibility.

Michael Johnson, Speaker of the House -- what a fucking lie!-not the American House, not the House of all the people...

The ₹QOF and ¬ RESH in ¬₹♥ Sheker remain in alphabetical order, giving a deceptive impression of order, but the Shin is moved ahead, to symbolize the distortion of reality in a world of deception.

The 3 letters of The Sheker are adjacent to one another in the AlefBet, a closeness that symbolizes society. When people gather together, they are eager to sound interesting and important. When such are one's goals, it does not require great effort to find falsehood and misrepresent the truth. Men readily slip into fabrications of untrue sensational news and their neighbors prick up their willing ears to listen. To defend his first false statement, the speaker must justify himself: thus falsehood generates falsehood. (Shocar Tov Palms 7) This cycle of distortions spirals into a labyrinth of falsehood doomed to eventual collapse. Munk, p. 211

The Current American Clamor and Confusion [reddit news] {On Bullshit!}



Flame Towers, Baku 2007, HOK a bit literal, yes?



do not appear in the full spelling of any of the other letters, so that no other letter will contain even a suggestion of falsehood. סמד חית בית פה 717 גימל וניו למד הא ואו 113

name משעכר the first time it appears in the Torah, and in subsequen passages pronounce it ישְּׁשְׁרָבר. while some always pronounce it as ישְּׁשְׁרָבר. The prevailing custom, however, is always to propounce it asked

ויף [shin] is related to שְּׁלְ [shein], tooth (Osios R' Akiva). The shape of the resembles a molar, which crushes food with its three sharply edged cur The word שי is also related to אָשָּ, sharpen. Hence שְּׁנְתָם לְבָנִיךְּ (Deuteronomy 6:7) means, teach your children so intensively that they understand the Torah clearly and its words are sharply defined in your

mouth beyond any doubt (Kiddushin 30a).

As the tooth grinds the food to make it digestible for the body, so shall אַץ , teaching, transmit the Torah in such a well-analyzed manner that it can be absorbed by the mind. As R' Hirsch points out, ראַנאָניק also implies the obligation to implant the *mitz*vos of the Torah in its adherents with the full sharpness of their definite orders (R' Hirsch).

⊕8 Enlarged ♥

w holds a notable position in Scripture. It is selected from all letters for the opening words of שיר משירים, King Solomon's holy Song of Songs, the most eminent song in Scripture, with which all of Israel joins the Hea Hosts in praise of God (Midrash Sota). What makes the w more distinguished than the other letters? It is the emblem for the alliance between God and Israel and therefore was also chosen to be embossed on the tefillin. As such it is the most fitting letter to stand at the head of the holiest song, which depicts in loving words the praise of the eternal unseverable bond between the Almighty and His Children of Israel.

ש, the first letter of שיר השירים, is written large, as is the a, in בראשית, the first word in the Torah (Osios R' Akiva).

a and ש are partners in the alphabetical system א"ת ב"ש (see p. 166). The enlargement of both letters in beginning their respective books indicates a combined message:

a, the letter of Creation, stands out prominently to signify that the purpose of the Creation is for the sake of Torah and Israel, which are called eishis, first, because they join to manifest God's Name in the world (see p

ש is written large in שיר השירים, the book that describes the mutual love of God and Israel. Thus, both a and w give glorious testimony to the



The letters of שקר

The Prophets record that the tribe of Ephraim could not pronounce the v properly. Members of Ephraim fleeing from the battlefield were identified by being forced to pronounce the word שבלת; thev pronounced it סבלת (Judges 12:6: Bereishis Rabbah 97:3).



The letters of שקר do not appear in the full spelling of any of the other letters, so that no other letter

will contain even a suggestion of falsehood.

סמד חית עין טית 717 צדי 90 למד מם 113

partner. The only one willing to consider an association with Falsehood was the מזל רע, bad luck. When the prospective partner asked what benefit in would derive from the alliance, Falsehood replied, 'Whatever I produce will be given to you.' From then on, the result of falsehood has been bad luck (Maharal).

□ Maharsha (Shabbos 104a) observes that the letters of שָׁקֶר do not appear until almost the end of the Aleph-Beis in order that they be far removed from 20, the centerpoint (axis) of the Aleph-Beis, which represents stability (see p. 218).

However, the Aleph-Beis does not end with ק־ר־ש. Had ש, denoting שקר. been the last letter, men would be left to their own fabrication of lies and could not endure. But w cannot have the final word, since the purpose of Creation is built on the covenant of morality.

To counteract the dangerous w with its potential power to ruin mankind. the Aleph-Beis ends with the letter n, which alludes to אמת, Truth. [The concept of שָקר, falsehood, as contrasted with אמת, truth, is discussed in chapter 22.1

שין - שין פשי

The w with a dagesh, dot, on its right side is pronounced shin; w with a dot on the left side, sin. Since ψ and \overline{v} have the same sound, they are often interchanged in alphabetically arranged compositions, such as Psalms 111, Lamentations, ch. 3, and the Hoshana stanzas. The Talmud discusses the שלו, quails, which God caused to descend upon the Israelite encampment in the wilderness. Since the Torah scroll is written without vowel points, the word שלו, correctly read שלו, may also be read שלו. As R' Chanina homiletically explains: The righteous ate the quails אָנשׁלוָה, with serenity, while to the wicked they tasted כסלוין, like thorns (Yoma 75b).

□ In the name of Jacob's son יששכר, Issachar, one ש is silent.

One reason advanced for the silent w is that Issachar had a son named יוב, Yov (Genesis 46:13), which Issachar later learned was a disgrageful name [inasmuch as it was the name of a heathen god (Devek Toy to Numbers 26:24)]. Issachar thereupon gave his son a letter (v) of his name, and renamed him ישוב, Yashuv [see genealogy in Numbers ibid.]. Hence, Issachar's name is pronounced as if it were spelled with only one ש: יְשָׁכֶּר? (Daas Zekeinim).

Ibn Ezra to Exodus 1:3 defends this pronunciation grammatically by stating that since the two consonants follow one another, the second may be silent, as in the word מתצצרים in I Chron. 15:24 which is pronounced מחצרים. This is the only other such case in Scripture.

[There are various customs regarding this matter. Some pronounce the

The Wisdom in the Hebrew Alphabet

NAME

"two" (שנר), "the viceroy" or "second [to the king]" (שנר), "sharp" (שנר), "sharp" (שנר), "sharp" (מנר), "sharp" (מנר), "especially in the sense of "to teach [diligently, 13"] [" (as in "lastic and you shall teach them diligently to your children"), "sleep" (שנר), "old" (שנר), "scarlet" (שנר), "rest" or "serene peace" (שנר). The spectrum of meanings associated with the name of the shin is the richest and most splendrous of all the letters of the alef-beit.







FLAME

WATER GREEN

HOUSE

FLAME WATER GREEN HOUSE

NAME

The word shin (yw) means "a tooth" (yw), "change" ('yw), "Far" ('gw), "the viceroy" or "second [to the king]" ('nwo), "keap" ('gw), sees sepecially in the sense of 'ro teach (didigently, ywy)" (as in "pass ('gw), you shall teach them diligently to your children"), "sleep" ('gw), "de 'gw), "scarler" ('yw), "rest" or "seerne peace" ('ywo), "the spectrus of neares associated with the name of the shin is the richest and most splents all the letters of the dief-bett.

WORLDS

The word הש, "year," derives from the root which means "change."

In Sefer Yetzirah, "year" is the term used for (the changes of) time is general.

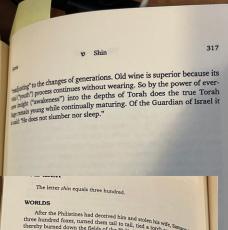
In physical parties the "seath of the changes of time is the seath of the changes of t

general.

In physical nature, the "teeth of the wicked," discussed above in the form of the pei, represent the power of decomposition and deterioration, or the law of entropy. This natural "breaking down" of all mater in purels of the "lowest energy level" is the continuation, in the present of primordial stage of Creation referred to in Kabbaha as the "reads of devensels," In the fire of the shin is the power that breaks matter apart, in one trast to water that acts as glue to cause matter to stick form, in adea, the shin reflects the beit, the secret of splitting into "two" DIM, as in the phenomenon of cellular division. The fire of the shin is reflected in the sac let the of 'yu, one of the materials used in the clothing of the kohozim.

The Zohar explains that in the time of exile "I (the Divine scoll sassing sass

Some things (such as wine) become better with age (אָש) while ober deteriorate. In general, the secret of life is "staying young." Askep (אַש) one grows old (and "outmoded," אַשי); awake (ראַער), one stays young ad "modern" (אַער). So do we find that when Choni HaMagael slept for seventy years, he awoke to find himself old and "out-of-place," and so preferred to die rather than be "friendless." Had he, for the same privid, re mained awake, he would have "stayed young" with the time, naturally



After the Philistines had deceived him and stolen his wife, Samon took three hundred foxes, turned them tail to tail, tied a forch to each pix, and there hundred foxes the pixel fox of the Philistine foxes of the pixel fox (Dyny, pix, same with a shin) symbolizes worldly cunning. Here Samon used pixels force of nature, the fox together with the elements of the the pixels force of nature, the fox together with the elements of the time to the pixels for the pixels of the pixe

of solar energy and radiation (a shin on both sides).

King Yoshiyahu, yrwwc, one of the most righteous kings to size fixe to be solar through the control of Get, was killed—due to the house of David and referred to as 'the Mashind-of Get,' was killed—due to the house of David and referred to as 'the Mashind-of Get,' was killed—due to the search of the control of

In the days of the Judges, the Jewish people worshipped idolary for a period of three hundred years. For three hundred years the people weer saleep" in the land of Israel isself, as mentioned above. Physical natus, even in Israel, can hide consciousness of Soulis and Divinity, to the extent of seducing one to bow down to nature. Nonetheless, the inner "nature of seducing one to bow down to nature. Nonetheless, the inner "nature of Israel (both the People of Israel and the land of Israel) is not to stand for such concealment indefinitely, and ultimately G-d will "work salvations in the midst of the land," just as Samson used the very forces of nature against its own evil manifestations. He thereby brought the three hundred idolatrous and relatively anarchic years of the days of the Judges to and—he was the last Judge of Israel—and paved the way for the revelation of true Kingdom (Souls in Divine control of Worlds) in Israel.

Wellsprings of Empathy

November 9, 2023 Rabbi Deborah Waxman, Ph.D.

So many of the ancestral foundation stories in the Torah take place in the malan/midbar, translated sometimes as wilderness, sometimes as desert. Even as the midbar is a place of revelation—suggested by the etymology of its root nan-andalet-bet-resh, which is the same as the noun tandavar/word and the verb halander/to speak—it is also a place of aridity and barrenness. Sources of water are essential in the desert and therefore, wells are extremely important locations in the Torah. Wells are gathering places where encounters happen. Consider Abraham's servant meeting Isaac's future bride Rebecca (Genesis 24:13-27), or Jacob spotting Rachel for the first time (Genesis 29:1-11). Theological and existential undercurrents inform these encounters. These are the stories of our patriarchs and matriarchs, so in a way they are our stories as well, and we are meant to understand that God's will flows through these meetings at the well.

In Genesis, some of the most significant of these well moments happen not to the progenitors of the Jewish story, but to Hagar. Pregnant by Abram and at odds with Sarai, Hagar flees to the desert, where she finds a well and is addressed by a ארן אלת messenger of God. Hagar is commanded to return and receives a blessing of abundant descendants that parallels the blessing that Abraham receives multiple times, and she is given the name of her future son, Ishmael, God hears. Not only does God speak to Hagar, but God will listen as well. Recognizing the potency of this encounter, Hagar adds to the auditory and oral experiences by layering in the visual. Hagar names God איאר יחל ראב /Be'er Lehai Roi, the well of the living one (Genesis 16:7-14)

After the miraculous birth of Isaac, Sarah drives Hagar and Ishmael away and Hagar returns to the desert, despondent and fearful for Ishmael's life. As promised, God hears Ishmael's cries and then God opens her eyes to show Hagar a well that will sustain them (Genesis 21:13-19). Commentators, ancient and contemporary, mull over whether the well was newly revealed or whether Hagar was so blinded by her grief that she was unable



to see it in front of her. And though the well is not named in this passage, there is the tantalizing possibility that it is the same well from her earlier encounter. Be'er Lehai Roi.

In Judaism, it is Sarah and her son Isaac who are chosen to continue the lineage and the story, not Hagar and her son Ishmael. Yet they are included in the Torah, and Hagar especially is featured. Cuban-American anthropologist and writer Ruth Behar teaches that, in not being chosen, Hagar is presumably "thrown away." However, by not being erased from Jewish canon, Behar observes that it is clear we should not forget Hagar. The question becomes: how is it that we should remember Hagar?

God is close in these stories, speaking to our ancestors, sometimes directly and sometimes through מיכאלם malakhim/messengers. God hears their cries. Hagar is a regular interlocutor and a namer of God as El Roi, which Tikvah Frymer–Kensky teaches can mean both "The God I have seen" and the "God who sees me."

All of us want to be seen. All of us want to be heard. All of us want to be recognized. The Torah teaches that, in remembering Hagar, we are invited to see the humanity and the שלים 'ביהולא בלצ' / tzelem elohim/ image of the divine in other people, even the ones not chosen, even the ones who might become our foes. In remembering Hagar, we are invited into empathy.

Drawing on millennia of Jewish teachings, we aim to recognize and draw out the godliness in every person and in every situation.

The French Jewish philosopher Emmanuel Levinas placed face-toface encounter and relationship at the heart of ethics; for him the gravest human sin is when we depersonalize the "other," when we refuse to see their faces. Levinas' ethical teaching is urgent in this time when we are facing unbearable violence and brutality.

New York Times columnist David Brooks recently wrote a column titled "How to Stay Sane in Brutalizing Times." Brooks draws on many sources, beginning with the ancient Greeks, Brooks suggests that Greek philosophers and playwrights offered a "tragic sensibility." which he describes as a forthright understanding of the fragility of society and the equally forthright recognition that, in the face of social instability and even repeated civilizational shatterings, we nonetheless have a choice in how to respond. Brooks draws five lessons from this tragic sensibility. It teaches us a sense of humility. which he defines as the ability to "cast aside illusions and vanities" and see life as it really is." It cultivates a "prudent" approach to life and fosters resilience. It promotes caution. It teaches us to be suspicious of our own rage, which can engender cruelty and which. he warns, "hardens and corrodes the mind of its bearer," Finally, a tragic sensibility exposes us to the suffering of others and, in encountering their suffering, we can find our common humanity. These lessons combine exponentially to teach us compassion, at all

times, even the cruelest.

Brooks then offers up a core teaching of what he calls the Abrahamic faiths, namely, "audacity of the heart," that invites us to lead with love, even in the harshest moments. Brooks channels Levinas, writing, "As much as we need bread and water, human beings need recognition. The essence of dehumanization is not to see someone, to render him inconsequential and invisible." He urges openheartedness, curiosity and even vulnerability, all in the service of social repair, which is an abiding preoccupation of his.

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For me. Brooks' counsel resonates deeply with a Reconstructionist approach, which is grounded in intentional optimism. Drawing on millennia of Jewish teachings, we aim to recognize and draw out the godliness in every person and in every situation. We are at once pragmatists and activists. We emphasize a partnership with the divine that commands us to act in ways that make manifest God's attributes (mercy, love, justice and so many more) and in this way demonstrate God's presence in our world. We acknowledge our ancestors' messianic vision for a redeemed world and transmute it into modern and post-modern expressions, neither retreating from the world in tribal separatism or nor wrapping ourselves in fundamentalist certainty. Instead, we bring it to life in our day-today existence, in our interactions with others, in the communities we build and the work that we do. I am adamant that our optimism is not naïve. It is an ongoing set of intentional choices about who we are, who we want to be, what kind of world that we want to live in and that we want to create for the next generation.

David Brooks shared that he was recently asked, "Isn't it dangerous to be vulnerable toward others when there is so much bitterness, betrayal and pain all around?" He acknowledged the legitimacy of that question and responded: "Yes, it is dangerous. But it is also dangerous to be hardened and calloused over by hard times. It is also dangerous, as C.S. Lewis put it, to guard your heart so thoroughly that you make it 'unbreakable, impenetrable, irredeemable.'" We cannot truly know the effect that this stance will have on other people. Ultimately, it is about us: "[T]his is about who you are becoming in corrosive times."

There is so much we do not know and we cannot see. Hagar was deep in the midbar, a bleak and barren place where she could not imagine sustenance, despairing of a future for herself and her

son. God opened her eyes to a well that brought her and all her descendants life, quite possibly the same well where she previously encountered and felt seen by God.

In the Torah, shortly after Ishmael's salvation comes the binding of Isaac, a moment where another child's approach toward death



is miraculously interrupted. There is much speculation—in ancient midrash, in modern poetry, in essays—about the impact of the עדיקע/akedah on Isaac. While we know little about Isaac's agency before that point, in this week's Torah portion we learn that afterward Isaac. in his adulthood. chose to live right near

Be'er Lehai Roi. It is there where he meets his bride Rebecca, whom he loves—the sole mention of love in the stories we have inherited about the patriarchs and matriarchs (Genesis 24:62-67). The well is a place of being sustained, seeing and being seen, a place of love, a place of redemption.

May we find wellsprings of empathy and move toward love. May we all see and be seen. Even in the hardest of times, may we find ways to be our best selves. May we find unexpected moments and locations of redemption. In the midst of deep uncertainty, may our eyes be opened to new paths forward.

Rabbi Deborah Waxman, Ph.D.

"Drawing on millennia of Jewish teachings, we aim to recognize and draw out the godliness in every person and in every situation."

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 $https://www.reconstructingjudaism.org/news/wellsprings-of-empathy/?goal=0_86482ec089-923aa93696-62632250\&mc_cid=923aa93696\&mc_eid=f5c4b52754$



A woman prays aloud for the Israeli hostages outside the Harvard Divinity School, Oct. 25, 2023. (John Tlumacki/The Boston Globe via Getty Images)

(JTA) — Like Jews around the world, I have spent the last days glued to my news sources, refreshing my screen every few minutes to find out if, as had been rumored for some time, there is a plan for the Israeli hostages to be released. I know I will continue to keep my eyes peeled as we wait for the moment that the hostages go free.

As one who is keen on using brachot, Jewish blessings, to infuse special moments with kedusha, or holiness, I am very much prepared to make two brachot when that moment finally arrives: Shehechiyanu and Dayan Emet.

With Shehechiyanu we say thanks for the privilege of experiencing an extraordinary joyful moment.

With Dayan Emet we subserviently accept the evil that has befallen us. Those two blessings do not necessarily seem like they would belong in the same moment. But Judaism recognizes that there are moments in life when we experience competing emotions simultaneously, sad and joyous at the very same time. During such rare moments, halacha, or Jewish law, advises a person to say these two contradictory brachot.

The point being: One can hold two competing emotions at once.

Jews have a long history of doing just that. And we hope we will be doing it again any day now — when the first of the hostages set to be released under a truce deal cross back into Israel.

We will undoubtedly be thrilled for those who will be released, rejoicing with the people who will finally be reunited with their loved ones. But there is no denying though that there are also those who are going to be devastated when they learn that their loved ones were not included in this round of hostage exchange. We therefore need to be extremely careful not to let our gloating blind us to their pain, even as we rejoice.

Therefore, the proper way to sanctify the moment when some of the hostages are released is to mournfully rejoice. To partake in the joy of the privileged few, without for a moment forgetting those less privileged whose pain has in fact been made more acute by this partial release.

One eye will cry tears of joy and the other will shed tears of heartbreak.



WATERFALL -- SHALOM, PEACE, waterfall = **MORE THAN ENOUGH** water 2 SIDES SEEKING RESOLUTION, ON EITHER SIDE OF THE WATERFALL?? SHIN = 300; 300/2 = 150. 2 X 144 = 288; 288 + 12 = 300 12 tribes x 2 = 24. add 1 more: 24+1 = 25, or 13th tribe?

WATERFALL -- SHALOM, PEACE, waterfall = **MORE THAN ENOUGH** water WHEN THE ICE MELTS?? GREENLAND??? OR WHEN THE EARTH COOLS AGAIN?



